

CENTRE TRACK RECORDS

1/10/2023

Event	Mark	Name	Club	Venue	Date
Senior Women					
100 m	11.59	Lucy Sheat	Marlborough	Hastings	2/12/2017
200 m	23.75	Lucy Sheat	Marlborough	Dunedin	6/03/2016
400 m	54.60	Toni Hodgkinson	Nelson	Australia	18/03/1989
800 m	2:04.31	Toni Hodgkinson	Nelson	Auckland	26/11/1989
1500 m	4:24.7	J Goodman	Nelson	Hastings	4/03/1984
1 Mile	5:01.21	Jess Martin	Nelson	Wanganui	22/01/2013
3000 m	9:37.50	B Wimmer	Waimea	Christchurch	24/02/2003
5000 m	16:39.45	B Wimmer	Waimea	Dunedin	21/03/2003
10000 m	34:43.10	Katherine Smyth	Nelson	USA	27/04/2000
100 m Hurdles	15.39	S Bowe	Marlborough	Christchurch	3/02/2001
400 m Hurdles	58.90	S Bowe	Marlborough	Beijing	30/08/2001
2000 m SC	7:02.87	J Nalder	Nelson	Australia	20/03/2001
3000 m SC	11:29.70	Josie Wilcox	Nelson	Christchurch	27/03/2010
3000 m Walk (T)	14:48.06	Neroli Amyes	Nelson	Hastings	23/02/2001
5000 m Walk (T)	26:40.36	Neroli Amyes	Nelson	Hastings	1/01/2001
10000 m Walk (T)	56:16.92	Wendy Healey	Nelson	Nelson	15/10/2011
4 X 100 m Relay	47.82	Tasman Centre Team	Tasman	Hastings	27/03/2021
4 X 400 m Relay	3:49.03	Tasman Centre Team	Tasman	Christchurch	8/03/2020
5 km Walk (R)	25:51	Nyle Sutherland	Nelson	Nelson	6/08/2011
10 km Walk (R)	54:12	Neroli Amyes	Nelson	Brisbane	14/07/2001
20 km Walk (R)	1:54:03	Neroli Amyes	Nelson	Hastings	25/02/2001
Women Under 20					
100 m	11.59	Lucy Sheat	Marlborough	Hastings	2/12/2017
200 m	23.75	Lucy Sheat	Marlborough	Dunedin	6/03/2016
400 m	54.60	Toni Hodgkinson	Nelson	Australia	18/03/1989
800 m	2:04.31	Toni Hodgkinson	Nelson	Auckland	26/11/1989
1500 m	4:24.7	J Goodman	Nelson	Hastings	4/03/1984
1 Mile	5:01.21	Jess Martin	Nelson	Wanganui	22/01/2013
3000 m	10:03.30	Katherine Smyth	Nelson	Hamilton	26/02/1999
5000 m	17:40.21	Josie Wilcox	Nelson	Christchurch	26/03/2010
100 m Hurdles	18.30	P Campbell	Nelson	Christchurch	3/02/2001
400 m Hurdles	62.99	Amanda Fitisemanu	Nelson	Hamilton	19/03/2017
2000 m SC	7:02.87	J Nalder	Nelson	Australia	20/03/2001
3000 m SC	11:29.70	Josie Wilcox	Nelson	Christchurch	27/03/2010
4 X 100 m Relay	48.36	Tasman Centre Team	Tasman	Christchurch	7/03/2020
4 X 400 m Relay	3:49.03	Tasman Centre Team	Tasman	Christchurch	8/03/2020

Women Under 18

100 m	11.68	Lucy Sheat	Marlborough	Hastings	16/01/2016
200 m	23.75	Lucy Sheat	Marlborough	Dunedin	6/03/2016
400 m	54.60	Toni Hodgkinson	Nelson	Australia	18/03/1989
800 m	2:07.25	Toni Hodgkinson	Nelson	Auckland	12/03/1989
1500 m	4:24.7	J Goodman	Nelson	Hastings	4/03/1984
1 Mile	5:01.21	Jess Martin	Nelson	Wanganui	22/01/2013
3000 m	10:06.94	Jessica Martin	Nelson	Auckland	22/03/2013
100 m Hurdles	15.98	Tammy McIntosh	Nelson	Christchurch	19/02/2005
300 m Hurdles	46.85	B Morrissey-Smith	Nelson	Nelson	21/11/2015
2000 m SC	7:02.87	J Nalder	Nelson	Australia	20/03/2001
4 X 100 m Relay	51.66	Nelson	Nelson	Hamilton	10/12/2000
4 X 400 m Relay	4:00.81	Tasman Centre Team	Tasman	Wellington	8/03/2015

WU16

100 m	12.12	Lucy Sheat	Marlborough	Wellington	6/03/2015
200 m	24.44	Lucy Sheat	Marlborough	Sydney	12/03/2015
400 m	55.9	Toni Hodgkinson	Takaka	Wellington	7/03/1987
800 m	2:11.3	Toni Hodgkinson	Takaka	Invercargill	28/03/1986
1500 m	4:29.5	Toni Hodgkinson	Takaka	Dunedin	8/12/1985
3000 m	10:26.20	Jessica Martin	Nelson	Nelson	15/11/2012
80 m Hurdles	12.46	Molly McManus	Nelson	Inglewood	10/12/2022
300 m Hurdles	47.58	Ellie Beever	Nelson	Wellington	2/03/2023
2000 m SC	7:30.52	Mia Cain-Townley	Nelson	Inglewood	11/12/2022
4 x 100 m Relay	52.6	Richmond Grade 14	Richmond	Hastings	5/01/1987

Senior Men

100 m	10.65	Clint Grooby	Nelson	Wellington	12/03/2004
200 m	21.37	Alex Jordan	Nelson	Wellington	26/02/2011
400 m	46.40	Alex Jordan	Nelson	Dunedin	26/03/2011
800 m	1:46.97	P Pearlless	Nelson	USA	23/06/1985
1500 m	3:36.14	Julian Matthews	Nelson	USA	16/05/2016
1 Mile	3:57.94	Julian Matthews	Nelson	Dublin	26/07/2015
3000 m	8:06.75	Craig Lautenslager	Nelson	Wellington	3/02/2023
5000 m	14:19.4	P Senior	Nelson	Christchurch	20/02/1986
10000 m	29:45.3	P Meffan	Nelson	Auckland	28/01/1984
110 m Hurdles	16.4	Cody Thomas	Marlborough	Nelson	21/11/2009
400 m Hurdles	54.79	M King	Nelson		6/03/1982
3000 m SC	8:55.70	Kim Hogarth	Nelson	Wellington	29/03/2009
3000 m Walk (T)	13:04.44	Jamie Shaw	Nelson	Dunedin	4/03/2016
4 X 100 m Relay	43.00	Tasman Tigers	Tasman	Dunedin	26/03/2011
4 X 400 m Relay	3:19.0	Tasman Centre Team	Tasman	Dunedin	9/03/1984
10 km Walk (R)	47:41	Jamie Shaw	Nelson	Dunedin	6/03/2016

20 km Walk (R)	1:55:00	Stephen Farquhar	Nelson	Wellington	29/03/2009
Marathon	2:26:30	Mike Moreu	Waimea	Christchurch	3/06/2001

Men Under 20

100 m	10.65	Clint Grooby	Nelson	Wellington	12/03/2004
200 m	21.37	Alex Jordan	Nelson	Wellington	26/02/2011
400 m	46.40	Alex Jordan	Nelson	Dunedin	26/03/2011
800 m	1:51.66	Dallas Bowden	Nelson	Wanganui	8/12/2007
1500 m	3:46.98	Dallas Bowden	Nelson	Christchurch	21/02/2007
1 Mile	4:09.65	Julian Matthews	Nelson	Wanganui	17/03/2007
3000 m	8:09.61	Dominic Channon	Nelson	Wellington	6/02/2008
5000 m	14:27.90	Dominic Channon	Nelson	Christchurch	23/02/2008
110 m Hurdles	14.84	James Hansen	Marlborough	Wellington	5/03/2023
400 m Hurdles	54.79	M King	Nelson		6/03/1982
2000 m SC	5:56.41	Tom Heaphy	Nelson	Hastings	25/02/2001
3000 m SC	9:33.62	Tom Heaphy	Nelson	Wellington	6/02/2000
3000 m Walk (T)	13:04.44	Jamie Shaw	Nelson	Dunedin	4/03/2016
4 X 100 m Relay	43.42	Tasman Centre Team	Tasman	Christchurch	28/03/2010
4 X 400 m Relay	3:21.40	Tasman Centre Team	Tasman	Christchurch	28/03/2010
5 km Walk (R)	24:49	Jamie Shaw	Nelson	Christchurch	2/09/2017
10 km Walk (R)	47:41	Jamie Shaw	Nelson	Dunedin	6/03/2016

Men Under 18

100 m	10.78	Clint Grooby	Nelson	Christchurch	15/02/2002
200 m	21.93	Alex Jordan	Nelson	Saipan	28/06/2008
400 m	47.86	Alex Jordan	Nelson	Sydney	17/01/2009
800 m	1:52.89	Dallas Bowden	Nelson	Christchurch	17/02/2007
1500 m	3:46.98	Dallas Bowden	Nelson	Christchurch	21/02/2007
1 Mile	4:11.21	Dallas Bowden	Nelson	Wanganui	17/03/2007
2000 m	5:57.4	C Mardon	Nelson	Nelson	2/12/1987
3000 m	8:21.15	Dallas Bowden	Nelson	Wellington	10/02/2007
110 m Hurdles	14.70	James Hansen	Marlborough	Inglewood	11/12/2022
300 m Hurdles	37.98	James Hansen	Marlborough	Inglewood	11/12/2022
2000 m SC	6:15.09	Tom Heaphy	Nelson	Hamilton	28/02/1999
3000 m Walk (T)	13:23.77	Jamie Shaw	Nelson	Timaru	5/12/2015
4 X 100 m Relay	46.6	Tasman Children	Tasman	Christchurch	17/03/1985
4 X 400 m Relay	3:38.7	Nelson	Nelson	Blenheim	25/02/1984
10 km Walk (R)	49:58	Jamie Shaw	Nelson	Auckland	21/11/2015

MU16

100 m	11.27	Jonas Kale	Richmond	Dunedin	9/12/2012
200 m	22.30	Alex Jordan	Nelson	Auckland	29/03/2008
400 m	51.08	Rhian Douglas	Richmond	Nelson	14/03/2023
800 m	1:53.19	Dallas Bowden	Nelson	Auckland	10/12/2005
1500 m	4:02.4	Dallas Bowden	Nelson	Christchurch	18/02/2005
3000 m	8:54.35	Mike Lowe	Nelson	Dunedin	25/03/2011

300 m Hurdles	40.81	James Hansen	Marlborough	Christchurch	10/04/2021
2000 m SC	6:19.30	Mike Lowe	Nelson	Dunedin	26/03/2011
3000 m Walk (T)	15:37.12	Jamie Shaw	Nelson	Auckland	22/03/2013
4 x 100 m Relay	50.7	Marlborough Club	Marlborough		5/03/1983