

NELSON CLUB TRACK RECORDS**1/10/2023**

Event	Mark	Name	Venue	Date
Senior Women				
100 m	12.32	Hazel Bowering-Scott	Christchurch	26/03/2010
200 m	25.04	Hazel Bowering-Scott	Sydney	13/03/2010
400 m	54.60	Toni Hodgkinson	Australia	18/03/1989
800 m	2:04.31	Toni Hodgkinson	Auckland	26/11/1989
1000 m	3:01.7	A Buckley	Nelson	26/03/2001
1500 m	4:24.4	I Coote		4/03/1977
1 Mile	5:01.21	Jess Martin	Wanganui	22/01/2013
2000 m	6:35.0	S Smith		24/11/1982
3000 m	9:44.9	I Coote	Wellington	13/02/1977
5000 m	17:17.78	Annika Pfitzinger	Wellington	2/03/2023
10000 m	34:43.10	Katherine Smyth	USA	27/04/2000
100 m Hurdles	15.63	Anita Sutherland	Christchurch	16/12/2000
400 m Hurdles	62.99	Amanda Fitisemanu	Hamilton	19/03/2017
2000 m SC	7:02.87	J Nalder	Australia	20/03/2001
3000 m SC	11:29.70	Josie Wilcox	Christchurch	27/03/2010
3000 m Walk (T)	14:48.06	Neroli Amyes	Hastings	23/02/2001
5000 m Walk (T)	26:40.36	Neroli Amyes	Hastings	1/01/2001
10000 m Walk (T)	56:16.92	Wendy Healey	Nelson	15/10/2011
4 X 100 m Relay	51.64	Tasman Tigers	Hastings	23/02/2001
4 X 400 m Relay	3:56.8	Tasman Centre Team	Auckland	26/11/1989
5 km Walk (R)	25:51	Nyle Sutherland	Nelson	6/08/2011
10 km Walk (R)	54:12	Neroli Amyes	Brisbane	14/07/2001
20 km Walk (R)	1:54:03	Neroli Amyes	Hastings	25/02/2001
Women Under 20				
100 m	12.32	Hazel Bowering-Scott	Christchurch	26/03/2010
200 m	25.04	Hazel Bowering-Scott	Sydney	13/03/2010
400 m	54.60	Toni Hodgkinson	Australia	18/03/1989
800 m	2:04.31	Toni Hodgkinson	Auckland	26/11/1989
1000 m	3:02.7	Jess Martin	Nelson	30/10/2013
1500 m	4:24.7	J Goodman	Hastings	4/03/1984
1 Mile	5:01.21	Jess Martin	Wanganui	22/01/2013
2000 m	6:48.0	A Buckley		
3000 m	10:03.30	Katherine Smyth	Hamilton	26/02/1999
5000 m	17:40.21	Josie Wilcox	Christchurch	26/03/2010
100 m Hurdles	18.30	P Campbell	Christchurch	3/02/2001
400 m Hurdles	62.99	Amanda Fitisemanu	Hamilton	19/03/2017
2000 m SC	7:02.87	J Nalder	Australia	20/03/2001
3000 m SC	11:29.70	Josie Wilcox	Christchurch	27/03/2010
4 X 100 m Relay	51.64	Tasman Tigers	Hastings	23/02/2001
4 X 400 m Relay	4:04.79	Nelson	Timaru	6/12/2015

Women Under 18

100 m	12.32	Hazel Bowering-Scott	Christchurch	26/03/2010
200 m	25.04	Hazel Bowering-Scott	Christchurch	13/03/2010
400 m	54.60	Toni Hodgkinson	Australia	18/03/1989
800 m	2:07.25	Toni Hodgkinson	Auckland	12/03/1989
1000 m	3:03.96	Jess Martin	Nelson	2/11/2012
1500 m	4:24.7	J Goodman	Hastings	4/03/1984
1 Mile	5:01.21	Jess Martin	Wanganui	22/01/2013
2000 m	6:48.0	A Buckley		
3000 m	10:06.94	Jessica Martin	Auckland	22/03/2013
100 m Hurdles	15.98	Tammy McIntosh	Christchurch	19/02/2005
300 m Hurdles	46.85	B Morrissey-Smith	Nelson	21/11/2015
2000 m SC	7:02.87	J Nalder	Australia	20/03/2001
4 X 100 m Relay	51.66	Nelson	Hamilton	10/12/2000
4 X 400 m Relay	4:04.79	Nelson	Timaru	6/12/2015

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100 m	12.44	Hazel Bowering-Scott	Christchurch	6/12/2008
200 m	25.51	Hazel Bowering-Scott	Christchurch	6/12/2008
400 m	56.92	Hazel Bowering-Scott	Hamilton	13/12/2008
800 m	2:17.7	J Goodman		1/12/1982
1500 m	4:43.3	J Goodman	Nelson	15/02/1982
3000 m	10:26.20	Jessica Martin	Nelson	15/11/2012
80 m Hurdles	12.46	Molly McManus	Inglewood	10/12/2022
300 m Hurdles	47.58	Ellie Beever	Wellington	2/03/2023
2000 m SC	7:30.52	Mia Cain-Townley	Inglewood	11/12/2022
4 x 100 m Relay	52.7	Nelson Club	Blenheim	15/03/1980

Senior Men

100 m	10.65	Clint Grooby	Wellington	12/03/2004
200 m	21.37	Alex Jordan	Wellington	26/02/2011
400 m	46.40	Alex Jordan	Dunedin	26/03/2011
800 m	1:46.97	P Pearlless	USA	23/06/1985
1000 m	2:17.2	Rodney Dixon	Oslo	30/07/1974
1500 m	3:33.89	Rodney Dixon	Christchurch	2/02/1974
1 Mile	3:53.62	Rodney Dixon	Stockholm	30/06/1975
2000 m	5:01.8	Rodney Dixon	London	4/07/1975
3000 m	7:41.8	Rodney Dixon	Oslo	7/07/1974
5000 m	13:17.3	Rodney Dixon	Stockholm	5/07/1976
10000 m	29:03.2	John Dixon	Auckland	1/01/1979
400 m Hurdles	54.79	M King		6/03/1982
3000 m SC	8:29.0	Rodney Dixon	Oslo	23/08/1973
3000 m Walk (T)	13:04.44	Jamie Shaw	Dunedin	4/03/2016
4 X 100 m Relay	43.4	Nelson	NELSON	6/12/1969

4 X 400 m Relay	3:26.63	Tasman Tigers	Wellington	12/03/2004
10 km Walk (R)	47:41	Jamie Shaw	Dunedin	6/03/2016
20 km Walk (R)	1:55:00	Stephen Farquhar	Wellington	29/03/2009

Men Under 20

100 m	10.65	Clint Grooby	Wellington	12/03/2004
200 m	21.37	Alex Jordan	Wellington	26/02/2011
400 m	46.40	Alex Jordan	Dunedin	26/03/2011
800 m	1:51.66	Dallas Bowden	Wanganui	8/12/2007
1000 m	2:29.9	Julian Matthews	Nelson	1/11/2006
1500 m	3:46.98	Dallas Bowden	Christchurch	21/02/2007
1 Mile	4:06.8	Rodney Dixon	Nelson	12/03/1969
2000 m	5:57.4	C Mardon	Nelson	2/12/1987
3000 m	8:09.61	Dominic Channon	Wellington	6/02/2008
5000 m	14:27.90	Dominic Channon	Christchurch	23/02/2008
110 m Hurdles	15.7	M King		6/03/1982
400 m Hurdles	54.79	M King		6/03/1982
2000 m SC	5:56.41	Tom Heaphy	Hastings	25/02/2001
3000 m SC	9:33.62	Tom Heaphy	Wellington	6/02/2000
3000 m Walk (T)	13:04.44	Jamie Shaw	Dunedin	4/03/2016
4 X 100 m Relay	44.00	Nelson	Wellington	6/03/1993
4 X 400 m Relay	3:26.63	Tasman Tigers	Wellington	12/03/2004
5 km Walk (R)	24:49	Jamie Shaw	Christchurch	2/09/2017
10 km Walk (R)	47:41	Jamie Shaw	Dunedin	6/03/2016

Men Under 18

100 m	10.78	Clint Grooby	Christchurch	15/02/2002
200 m	21.93	Alex Jordan	Saipan	28/06/2008
400 m	47.86	Alex Jordan	Sydney	17/01/2009
800 m	1:52.89	Dallas Bowden	Christchurch	17/02/2007
1000 m	2:30.1	Dallas Bowden	Nelson	1/11/2006
1500 m	3:46.98	Dallas Bowden	Christchurch	21/02/2007
1 Mile	4:11.21	Dallas Bowden	Wanganui	17/03/2007
2000 m	5:57.4	C Mardon	Nelson	2/12/1987
3000 m	8:21.15	Dallas Bowden	Wellington	10/02/2007
110 m Hurdles	16.07	C Wetton	Christchurch	28/02/2003
300 m Hurdles	43.37	Ollie Spence	Christchurch	13/12/2003
2000 m SC	6:15.09	Tom Heaphy	Hamilton	28/02/1999
3000 m Walk (T)	13:23.77	Jamie Shaw	Timaru	5/12/2015
4 X 100 m Relay	45.4	Nelson	Wellington	1/01/1980
4 X 400 m Relay	3:32.8	Nelson	Blenheim	25/02/1978
10 km Walk (R)	49:58	Jamie Shaw	Auckland	21/11/2015

MU16

100 m	11.44	Alex Jordan	Auckland	29/03/2008
200 m	22.30	Alex Jordan	Auckland	29/03/2008
400 m	52.9	Alex Jordan	Nelson	10/02/2008
800 m	1:53.19	Dallas Bowden	Auckland	10/12/2005
1500 m	4:02.4	Dallas Bowden	Christchurch	18/02/2005

3000 m	8:54.35	Mike Lowe	Dunedin	25/03/2011
300 m Hurdles	45.48	Dale Pollock	Christchurch	16/12/2000
2000 m SC	6:19.30	Mike Lowe	Dunedin	26/03/2011
3000 m Walk (T)	15:37.12	Jamie Shaw	Auckland	22/03/2013
4 x 100 m Relay	51.1	Nelson Club	Blenheim	31/01/1987